

Christ College, Bhopal

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CHRIST COLLEGE
NEWSLETTER



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All Saints' Day



PRINCIPAL'S MESSAGE



All people are called to be holy. "Be you therefore perfect, as also your heavenly Father is perfect" (Bible). Attitude and action lead to holiness. St. Teresa of Avila says you can never separate love of God and love of neighbour, so holiness is not something we do cooped up in ourselves. It is not just personal spirituality; it is transformation of our lives. It flows into greater and greater love for those who are closest to us: our family, friends, our literal neighbours et al. Spirituality is not self-centered; it expands our hearts and our minds to love God more and more radically.

"We are all called to be saints," exhorts Pope Francis; "Everyone is called to holiness in their own state of life", he adds. It is by living with love in our daily tasks that we are called to become saints... Always and everywhere you can become a saint, that is, by being receptive to the grace that is working in us and lead us to holiness.

Being a saint doesn't require spending long hours in prayer, but rather living life open to God in good times and in bad. Without the burden of afflictions it is impossible to reach the height of holiness.

Adi Shankaracharya said, "Aham Brahmasmi" and "Tat tvam asi" It is an attempt to see God in others. We very often become so selfish and conveniently forget to see God in others. Selfishness is the root cause of evil. Our prime purpose in this life is to help others. And if you can't help them, at least don't hurt them. In order to carry out a positive action, we must develop a positive vision. We can live without religion and meditation, but we cannot survive without human affection. Live life to the fullest, and focus on the positive side of everything.

Wish you all the best

Prof. Fr. Johnson
Principal

HAPPY CHILDREN'S DAY

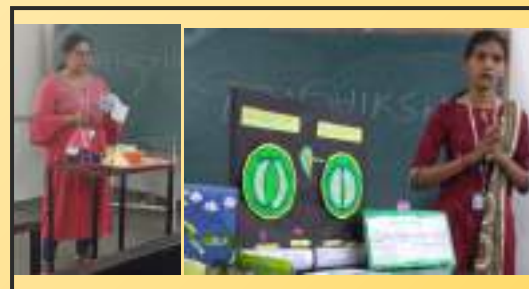
Workshop on Experiential Learning

Internal Quality Assurance Cell and Academic Council of Christ College conducted a Workshop on Experiential Learning on 24 September 2022. National Education Policy 2020 highlights that in all the stages, experiential learning will be adopted, including hands on learning, arts integrated and sports- integrated education as standard pedagogy within each subject. The purpose of the workshop was to equip pupil teachers to practically apply knowledge and skills to real world experiences to further increase learner's knowledge and develop competence in skills and behaviour. The workshop was attended by the pupil teachers from all the semesters of B.Ed. and M.Ed. The resource person for this workshop was Mrs. Rony Joy, Assistant Professor, Department of Education. Dr. Diwakar Singh and Mrs. Jaya Saini co-ordinated the workshop.



A Feather in the Cap

Ms. Sonam Rai and Ms. Bhawna Shrivastava, students of B.Ed. III Semester participated in the Greenshiksha –An exclusive Inter College Instructional Aid Competition for pupil teachers on 15 October 2022, where Sonam Rai secured second position. The competition was organized by the Bhopal School of Social Sciences on the occasion of its Golden Jubilee. Christ College Congratulates Ms. Sonam on her success. Ms. Bhawana's model also won commendation.



The Classes of B.A., B.Com., B.Ed. and M.Ed. are in Full Swing



Regular classes of B.A., B.Com, B.Ed. and M.ed. are successfully going on offline mode. Students have been very enthusiastically participating in the teaching learning- both academic and non academic activities. Getting back in full bloom gives immense pleasure and satisfaction to the students as well as teachers. The Management as well as parents have shown great support and co operation to the invigorated post Covid activities of the college.

Three Cheers – We Did It Again

The final results of B.Ed. and M.Ed. Final Semester students were declared on October 2022. In B.Ed. the first position was secured by **Ms. Arul Monicka** and **Ms. Pavitri Parte**, The second position went to **Ms. Lilly Priya A** and third position was bagged by **Ms. Amrita Raj Sisodia**. On the other hand, in M.Ed. Final year, the first position was held by Ms. Anju Anjana Joseph, the second position by **Ms. Nazma Qureshi** and the third position by **Ms. Anisha Tigga** and **Ms. Ritambhara Singh**. Christ College Congratulates all the students of B.Ed. and M.Ed. Keep it up!

Skill of Presentation

In order to develop the skill of presentation the pupil teachers of III semester of B.Ed. were given training, which was followed by the presentations prepared and delivered by the students. The presentation was given on the following topics : 1. Awareness of Pedagogical skills 2. Strategies for removing tension 3. Strategies for removing examination stress 4. Corporal punishment 5. Violence and conflicts in school. Students participated enthusiastically and called it a learning cum fun filled experience. The teachers now intend to organize a competition on powerpoint presentation very soon.



CMI Educators' Summit at Christ University, Bangalore.

About 170 CMI Educators from more than 140 educational institutions from all over the country attended a two day National Summit held at Christ Deemed to be University, Kengeri Campus, Bangalore on 15th and 16th of October 2022. Christ College, Bhopal was represented by Dr James Muttickal CMI, Fr Dominic N.K. CMI and Fr Antony Thattil CMI. The summit was organized by the CMI General Department of Education under the auspices of Christ University. Nationally and internationally acclaimed Academics, Educationists, Ambassadors, Ministers, Vice Chancellor and experts from NCERT and Media guided the sessions. Rev Dr Thomas C Mathew, the CMI Prior General, Rev Dr. Abraham. V. Mani, the Vice Chancellor of Christ University, Rev Dr Fr Jose C.C. and Professor Shrivastava from NCERT were the Chief Guests at the sessions. The summit highlighted the CMI legacy of education, new pedagogies and paradigms, global education, competency in teaching and learning and the impacts of NEP and its implementation nation wide. The high profile summit was also an occasion for the heads of hundreds of reputed educational institutions to come together and share their good practices and aspirations as well as anxieties especially in the post-pandemic era. As pioneers of global education, the CMIs play a pivotal role in educating the younger generation of India. We set bench marks in quality education and revolutionize the universalization of education, following the example set in motion by St. Kuriakose Elias Chavara, the founder.



Workshop on Presentation Skills

A workshop on Presentation Skill was organized on 21 October 2022 at Christ College campus. The workshop was conducted specially for the students of B.Ed. and M.Ed. The purpose of the workshop was to train the students in the skill of presentation as they are the aspiring teachers who would educate the future of the country. The resource persons for the workshop were Dr. Pallavi Shrivastava Sinha, Department of Education and Mr. Adarsh Roushan, Department of Computer Science. Dr. Pallavi Shrivastava Sinha taught the skill of giving a presentation whereas Mr. Adarsh Roushan taught the method of preparing a Power point presentation. The Coordinator of the program was Mrs. Jaya Saini, Department of Education. This successful workshop was a coordinated effort of the Academic Council and IQSE team of Christ College Bhopal.



Diwali Milan Program

Christ College celebrated Diwali with traditional fervor on 21 October 2022. The Diwali Milan program commenced with greetings and exchange of greetings and the message by Rev. Fr. Johnson, Principal, highlighting the relevance of Diwali. Everyone present was then invited to light the diyas and brighten up the occasion. A prayer song titled, Mere Bhagwan Dil Mein Aao, was sung by the group of Professors, including Mr. Augustin William, Mr. Shivaji Rai and Mr. Adarsh Roushan. There were two mesmerizing dance performances by the students of B.Ed., Ms. Sanskriti Pandey and Ms. Sonam Rai. Then the 'True' meaning of Diwali was explained by Mrs. Jaya Saini, Assistant Professor,. A poem composed by the former Prime Minister, Mr. Atal Bihari Vajpayee on Diwali was recited by Dr. Pallavi Shrivastava Sinha, Associate Professor,. A message of love, prosperity and peace was the highlight of the speech of Mr. Amal, a student of B.Ed. Finally, a blissful speech was given by Rev. Fr. Dominic, Director, Christ College. Fr. Dominic in his speech highlighted the importance of Light given in the scriptures and religions world wide. At the end of the program sweets and other snacks were shared by everyone present. Rev. Father Johnson, distributed Diwali gifts on the occasion to all the staff members. A good numbers of students participated in the soulful celebration. The seminar hall was decorated with diyas, painted pots and a colorful display of floral art. The traditional earthen lamps were lit by the students and teachers and were arranged ornamentally on the floor in traditional patterns. The festival brought home goodness, cheer and prosperity to all in bountiful measure.



Rashtriya Ekta Diwas



National Unity Day is celebrated in India on 31 October. It was introduced by the Government of India in 2014. The day is celebrated to mark the birth anniversary of Sardar Vallabhbhai Patel who had a major role in the political integration of India. The official statement for National Unity Day by the Home Ministry of India cites that the National Unity Day "will provide an opportunity to re-affirm the inherent strength and resilience of our nation to withstand the actual and potential threats to the unity, integrity, and security of our country."

The management, students and staff of Christ College, to mark the occasion took a pledge to protect and preserve the unity of our country and live with peace and harmony. Rev Fr. Johnson, Principal of Christ College on the occasion said that Unity has strength and the nation will become powerful only when people of the country think together, feel for one another and live together in peace and harmony.

Presentation Competition

Christ College organized a Competition on Skill of Presentation on 31 October 2022. After the completion of the workshop on Skill of Presentation, it was decided to evaluate the success of the workshop. Hence in lieu of the same a completion on Presentation was kept for all the students from B.A, B.Ed. and M.Ed. All students showcased some very interesting Power point presentations, they followed the tips and tricks taught to them during the workshop, which proved the success of the workshop. The competition was won by Ms. Bhawna Shrivastava from B.Ed., the second place went to Mr. S. Amal Kumar and the third place went to Sister Tincy Kurian. The consolation prizes were won by Mr. Arpit Baresa and Ms. Roshni Verma. Students expressed satisfaction and excitement at the competitions and the workshop, and showed willingness to participate in more such competitions.



Winners of the Mehendi Competition



Birthday Celebration



Christ College celebrated the birthday of its Director Rev. Fr. Dominic on 29 October 2022. The Principal Rev. Fr. Johnson on the occasion said that Fr. Dominic is an inspiring leader, an ideal teacher, a versatile genius and a loving member of CMI congregation. After Father's heartwarming words the birthday cake was cut. As Rev. Fr. Dominic shared his birthday with Mr. Rajaram Vishwakarma, he also was invited for cutting the cake. At the end Rev. Fr. Dominic expressed his gratitude and shared some of the beautiful experiences of his life. Everyone present wished both happy and healthy life ahead.

All Saints' Day

Dear Readers, saints have been a connection between God and humans. We all have been inspired by one or the other at some point of time. Here is a collection of information about some of the very famous saints God has blessed this world with. Saints are men and women who lived holy life while on earth. They pleased God and men and served both by virtuous lives. They are regarded as models for our lives irrespective of their faith or religion. Their challenging lives are all time inspiration. There have been men and women of all walks of life who lived life 'king size' and left behind a trail of holiness and moral living. A closer look into their life and mission shall invigorate our lives as beacon of hope and models to imitate.

St. Anthony of Padua

St. Anthony was born as Ferdinand, son of Martin Bouillon and Theresa Tavejra. At the age of 15, he joined an order of priests called the Canons Regular of St. Augustine. Later he transferred to the newly formed Order of Friars Minor (OFM), or Franciscans, where he took the religious name of Anthony. He is famous for being an effective orator. Anthony's sermons were so powerful that many Catholics who strayed from the faith and embraced false doctrines of other religions would repent after hearing him. This skill led to his nickname, "Hammer of Heretics." St. Anthony is invoked as the patron saint of lost items.

Saint Joseph

One of the greatest known saints in world history is Saint Joseph, foster father of Jesus Christ. He is believed to be the chosen one for raising and nurturing the Lord himself and is regarded as the patron saint of various countries, besides the protector of the Catholic Church. St. Joseph was the husband of St. Mary, the mother of Jesus Christ. By profession he was a carpenter. The Scripture describes him as 'a just man'; he is also regarded as the mediator of good death and patron saint of families.

Mother Teresa

One of the greatest saints in the world, who lives in the hearts of millions even after her death, is Mother Teresa. She was a Catholic missionary, who dedicated her entire life for serving the poor, downtrodden and sick. She spent most of her life in India and was the founder of an organization called Missionaries of Charity. She was honored with Nobel Peace Prize, besides being given the title of "Blessed Teresa of Calcutta".

St Francis of Assisi

St. Francis (1181/1182-1226), a great friar from Assisi, Italy. He is known as the patron saint of the environment and animals because he loved all creatures and allegedly preached to even the birds. In recent years, many congregations have started to bless pets and other animals as a way to mark this day and honor his spirit.

St Chavara

St. Chavara was a visionary leader of the time who envisaged many plans for the spiritual and social progress of the Church and society. His educational contributions laid a strong foundation for a just society in which all human beings were worthy of erudition, justice, respect and dignity. He is also known as father of literacy in Kerala.

Sant Tukaram

Sant Tukaram was a **Warkari saint and poet**. He was famously known for Abhanga devotional poetry and community-oriented worship through spiritual songs known as Kirtans. His message about a casteless society and his denial of rituals had led to a social **movement**.

Sant Kabir

Kabir Das (1398–1518) was a 15th-century Indian mystic poet and saint. His writings influenced Hinduism's Bhakti movement, and his verses are found in Sikhism's scripture Guru Granth Sahib, the Satguru Granth Sahib of Saint Garib Das, and Kabir Sagar. Ex President Shree Ram Nath Kovind inaugurated the Sant Kabir Academy and Research Centre Swadesh Darshan Yojana and paid tribute to the Bhakti saint, Kabir at Maghar in Uttar Pradesh on Sunday, June 5.

Chaitanya Mahaprabhu

Chaitanya Mahaprabhu (IAST : *Caitanya Mahāprabhu*; born **Vishvambhar Mishra**) was a 15th-century Indian saint. Chaitanya Mahaprabhu's mode of worshipping Krishna with ecstatic song and dance had a profound effect on Vaishnavism in Bengal. He was also the chief proponent of the Vedantic philosophy of Achintya Bheda Abheda Tattva. Mahaprabhu founded Gaudiya Vaishnavism. He expounded Bhakti yoga and popularized the chanting of the Hare Krishna Maha-Mantra. He composed the Shikshatakam (eight devotional prayers)

Kabir Das

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Salim Chishti

Salim Chishti (1478–1572) was a Sufi saint of the Chishti Order during the Mughal Empire in India. The Mughal Emperor Akbar came to Chishti's home in Sikri to ask him to pray for a male heir to the throne. Chishti blessed Akbar, and soon the first of three sons was born to him. He named his first son 'Salim' (later emperor Jahangir) in honor of Chishti. A daughter of Sheikh Salim Chishti was the foster mother of Emperor Jahangir.

Khwaja Moinuddin Chishti

Sufi Saint Khwaja Moinuddin Chishti of Ajmer who is known all over the world, for his benevolence and magnanimity. Khwaja Moinuddin was born in 1141 CE in Chishti in Herat, Afghanistan. Also known as 'Gharib Nawaaz' and 'Benefactor of the poor'. The great Wali was revered and loved by followers of all religions, a trend which was to be the hallmark of Sufism in India.

Followers from all religions emulated and symbolized his dictum of "Sulh-i-Kul" (Peace with all). Thus, he brought the message of universal love and peace. He fulfilled the objectives of bringing together the various castes, communities and races, elevating humanity from the swamp of materialistic concerns, which is leading mankind towards destruction today.

Muhammad Nizamuddin Auliya

Muhammad Nizamuddin Auliya (1238 – 3 April 1325), also known as Hazrat Nizamuddin, and Mahbub-e-Ilahi meaning "*Beloved of God*", was Indian Sunni Muslim scholar and Sufi saint of the Chishti Order. His predecessors were Fariduddin, Qutubuddin Bakhtiyar Khaki, and Moinuddin Chishti, who were the masters of the Chishti spiritual chain. Nizamuddin Auliya, stressed love as a means of realising God. For him his love of God implied a love of humanity. His vision of the world was marked by a highly evolved sense of religious pluralism and kindness.

Baba Fareed.

Farīd al-Dīn Mas'ūd Ganj-i-Shakar (April 1173 – 7 May 1266) was a 13th-century Punjabi Sunni Muslim preacher and mystic, who was one of the most revered and distinguished Muslim mystics of the medieval. He is known reverentially as **Bābā Farīd** or **Shaikh Farīd** by Muslims, Hindus and Sikhs of the Punjab Region, or simply as **Farīduddīn Ganjshakar**. Sheikh Farid. Baba Sheikh Farid was a great intellectual, a perfect ascetic, and a great Muslim devout. Child Sheikh Farid used to glorify; How Allah used to bless him by providing sweet dates every time after the prayer. This true account gave him the title of 'Shakar Ganj'.

Guru Nanak

In a letter, dated 27 October 1985, to the National Spiritual Assembly of the Baha'is of India, the Universal House of Justice stated that Guru Nanak was endowed with a "saintly character" and that he was:...inspired to reconcile the religions of Hinduism and Islām, the followers of which religions had been in violent conflict.... The Bahá'ís thus view Guru Nanak as a 'saint of the highest order'. Guru Nanak Dev Ji is the founder of Sikhism and is the first of the ten Sikh Gurus. Nanak is said to have travelled far and wide across Asia teaching people the message of ik onkar (ੴ, 'one God'), who dwells in every one of his creations and constitutes the eternal Truth. With this concept, he would set up a unique spiritual, social, and political platform based on equality, fraternal love, goodness, and virtue.

Guru Gobind Singh

Guru Gobind Singh, original name **Gobind Rāi**, (born 1666, Patna, Bihar, India—died October 7, 1708, Nanded, Maharashtra), 10th and last of the personal Sikh Gurus (1675–1708), known chiefly for his creation of the Khalsa, the military brotherhood of the Sikhs. He was the son of the ninth Guru, Tegh Bahadur. Guru Gobind Singh's greatest achievement was his creation of the Khalsa in 1699.

**HONOR YOUR INNER
CHILD
BY LOSING YOURSELF IN
SIMPLE PLEASURES.**



Career at a Glance

Teaching as a Profession

Teaching the most noble profession, is all about inspiring and motivating students to realize and exceed their potential. The greatest teachers of all time have devoted their lives to inspiring and empowering their students to achieve great things and be good human beings.

In 2002, Anand Kumar of the Super 30 program picked up students from amongst the poorer section of society. Anand Kumar and Abhayanand not only just taught and coached them but also inspired them to dream big. Of the 30 students of the first batch, 18 made it into the IITs. The rest is history.

Perhaps, if Siva Subramania Iyer, a teacher of Dr. APJ Abdul Kalam hadn't shown him how birds fly and inspired him to pursue a career in flight, India might not have got one of its greatest space scientists and engineer and President of all time. So you see, not only teaching as a profession but also as a passion takes you to greater heights. There is no greater requirement to excel in teaching other than passion. But you need the right qualifications to pursue a career in teaching. Some of them are mentioned as follows:



Nursery Teacher or Pre-Primary Teacher

Nursery or Pre-Primary school teachers are involved in teaching young children in the age group of 2-5 years. There are two systems of schooling in this category: 1. Kindergarten schools as they follow Kindergarten educational methods and 2. The Montessori educational approach and they are called Montessori schools.

How to become a Nursery School teacher?

- After XII, one can do a Nursery Teacher Training (NTT) course, which is of 1-year duration.
- Or, one can do a Kindergarten Training Program or a Montessori Teacher Training program. The duration of these programs are between 4 months to 1 year.
- Eligibility
 - Certificate Course in Montessori Teachers Training – Class 10
 - Diploma Course in Montessori Teachers Training – Class 12
 - Post Graduate Diploma Course in Montessori Teachers Training – Graduate
- Anganwadi Workers (AWW) – India has Integrated Child Development Services (ICDS) which is the largest child development program in the world. One can take a short training and become an Anganwadi Worker in a village or in a semi-urban locality. Along with responsibilities in community healthcare, nutrition, and health education, Anganwadi Workers also undertake the responsibility of pre-school teaching.

Primary School Teacher

Primary school teachers are involved in teaching students of class 1 to class 5 and play an important role in the overall development of the students.

How to become a Primary School teacher?

- After completing class XII one can do a Diploma in Education (D.Ed.), which is a 2 years diploma course.
- After completing class XII, one can do a Primary Teacher Training (PTT) program which is of 2-years duration.
- You can do a Bachelor of Elementary Education (B.El.Ed.), which is a 4-year integrated degree program. It is offered for training teachers at the primary/elementary school level.
- States in India conduct the Teacher Eligibility Test (TET) to recruit Primary School Teachers in Government and Government aided primary schools.

Secondary and Higher Secondary School Teacher

Secondary school teachers are responsible for teaching students of class 5 to class 10. Higher Secondary school teachers are involved in teaching students of class 11 and 12. [GET TIPS ON CAREER PLANNING!](#)

How to become a Secondary and Higher Secondary School Teacher?

- After completing graduation in any subject, one can do a Bachelor in Education (B.Ed.) degree, which is a 2-year teacher training program.
- You can do a Master's degree after graduation and then do a B.Ed. to teach students in higher secondary classes or those who are in class XI and XII.
- To qualify for central government-run schools and some private schools, you will need to qualify in the Central Teacher Eligibility Test (CTET).
- The Central Board of Secondary Education (CBSE) conducts the Central Teacher Eligibility Test (CTET) for candidates to be eligible to teach at the secondary and higher secondary levels.
- Moreover, some states conduct a separate Teacher Eligibility Test (TET) or a State Level Eligibility Test (SLET) or a similar test conducted by the school service commission for recruiting secondary level and higher secondary level teachers at Government-run schools as well as Government aided schools.

College or University Teacher

If you are interested in teaching as a profession but only wish to teach in colleges or universities, then you can follow this career pathway. College and university teachers, also called lecturers at the beginning of a career in teaching, are the senior-most qualified teaching professionals. They teach in government or private colleges and universities.

How to become a College or University Teacher?

- To become eligible for a career in teaching in a college or university, you must have at least a Master's level degree. However, a Ph.D. degree is mandatory for promotion from the position of a Lecturer to that of an Associate Professor.
- After completing a Master's degree, you will need to apply for and qualify in the National Eligibility Test (NET) conducted by the National Testing Agency (NTA).
- A postgraduate degree and a certification of eligibility in the NET are two mandatory requirements for becoming a university teacher or lecturer. This is the highest position and the most sought career pathway for those looking for a career in teaching.
- Some states conduct a State Eligibility Test (SET) for the recruitment of Lecturers in the various colleges run by the Governments.

To pursue a career in teaching, you must be aware of both the rewards as well as the challenges. Teaching career gives you the chance to inspire and empower young minds and build a better nation for future. However, before you decide to become a teacher, it could be a good idea to assess your personality, interests, and aptitudes to be sure of yourself. An expert career guide can help you understand your true strengths and weaknesses.

Important Days in November 2022

1 November : World Vegan Day

This day commemorates the UK Vegan Society's 50th anniversary. World Vegan day was first celebrated on 1st November 2021 to spread awareness about veganism and its importance in a heavily dependent world on meat and dairy products.

1 November : All Saints' Day:

This is an important day for Christians worldwide, who celebrate this day in honor of all the saints and Christian martyrs. It is one of the most important days in November for Catholic Christians.

2 November: All Souls' Day

For Catholic Christians, All Souls' Day is about remembering the departed souls and praying for them. It is also known as the Day of the Dead.

7 November : National Cancer Awareness Day

On 7 November every year, India celebrates National Cancer Awareness Day to raise awareness about life-threatening diseases. The day was announced in September 2014 by the Union Health Minister, Dr. Harsh Vardhan. It marks the birth anniversary of Nobel laureate Marie Curie, whose research on radioactivity contributed to finding the treatment for cancer.

14 November: Children's Day

Children's Day celebrates the young leaders - the building blocks of society. India celebrates it on 14th November, the birth anniversary of Pandit Jawaharlal Nehru, fondly remembered as Chacha Nehru.

Universally, Children's Day is celebrated on 20th November. It marks the date of the Declaration of Child's Rights by the UN General Assembly in 1959. This is one of the most important days in November.

19 November: International Men's Day

On 19th November, International Men's Day is observed globally to recognize and celebrate the achievement of men and their contribution to society. The idea is not to compete with Women's Day but to bring to light issues faced by men worldwide. These include toxic masculinity, mental health issues, and increased suicide rates.

20 November: World Children's day

International children's day is celebrated on 20 November to promote international children's welfare and sustainable growth. It is also among the important days in November 2021.

21 November: World Television Day

November 21 is celebrated as World Television day by the UN to mark television's importance in modern civilization.

25 November: International Day for the Elimination of Violence against women

The UN celebrates the day globally to raise awareness about how women are subjected to different kinds of violence and prevent such unfortunate events.

26 November: Constitution Day

One of the most important days in November, Constitution Day, observed on 26th November, is also known as the Samvidhan Divas or National Law Day in India. The Indian Constitution, adopted on 26th November 1949, came into effect on 26 January 1950. The day celebrates Dr. B.R. Ambedkar, who played a pivotal role in drafting the Constitution. It presents an opportunity to honor the Constitution and spread the thoughts and ideas of Dr. Ambedkar.



**"ACKNOWLEDGE
YOUR
INNER CHILD."**