Christ College, Bhopal

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NAAC Accredited, A - Grade (A CMI Institution)

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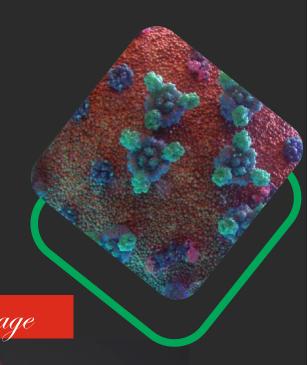


NEWSLETTER



Together we can and we will fight COVID-19





In these uncertain times of the pandemic across the globe, all of us have been feeling disturbed, fearful and anxious for a long time now. The world has drastically changed due to COVID-19 pandemic. Global spread of COVID-19 has overwhelmed all health systems and has incurred widespread social and economic disruption. But the 'Corona Warriors' stand as an icon of optimistic and positive outlook towards life. The optimist looks for the good in every problem or difficulty. He learns valuable lessons in every setback or reversal.

Our mind is a powerful thing. If we allow ourselves to keep a positive state of mind, our attitude will follow suit. A positive attitude is not just about sporting that smile on your face every time. It is about maintaining that optimistic mindset and peaceful countenance even when things are in utter chaos. Feed your mind with positive thoughts and you will see amazing changes around you.

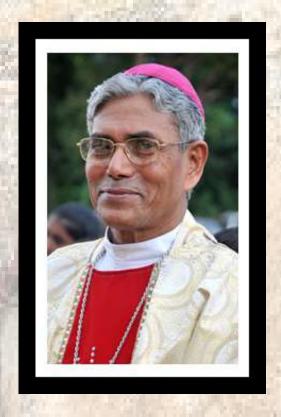
Positive thinking is a mental and emotional attitude that focuses on the bright side of life and expects positive results. Positive thinking actually means approaching life's challenges with a positive outlook. Positive attitude in life leads you to think positively, and harmony in action. It will boost your confidence levels and inner strength. It will provide stronger immune system and better emotional balance. The need of the hour therefore is to utilize this crisis as an opportunity to grow as an individual. We reinvent more possibilities, develop better skills and acquire deeper knowledge. Certainly a new world order will emerge and flourish after these tough times.

To develop a positive attitude, frame events in a positive way, change your language such as, "I can do this if I take it step by step", be proactive instead of reactive, enjoy the small things, stay away from the corrupting and unnecessary social media and up-to-the-minute news which lead you to anxiety and trauma. Create a new routine, occupy your mind with relaxing hobbies, practice gratitude to everyone, live in the present and believe that everything would turn all right.

If we could conquer the Everest and step on the Moon, indeed we will dispel the SARS-CoV-2 too.

Stay Safe; Stay Cool

Wish you all the Best



Rt. Rev. Dr. Leo Cornelio Visits Christ College

His Grace Rt. Rev. Dr. Leo Cornelio, SVD, the Archbishop of Bhopal visited Christ College and Yesu Ashram on 25 March 2021. He was given a cordial welcome by the Principal and staff. He interacted with the staff and the management of the college and expressed satisfaction of seeing Christ College growing in leaps and bounds. Prof. Fr. Johnson, the Principal, apprised the Archbishop of the various activities and academic achievements of the college. The Archbishop blessed the staff and wished bright future for the college. As the great feast of Easter was round the corner he imparted the blessings of Easter and asked everyone to live the spirit of Easter in our everyday life. The Archbishop planted a 'Kohitur' mango sapling, the most exquisite and expensive mango of the world, on the campus to commemorate his visit as the day also marked the Feast of Annunciation. The Episcopal visit was a great inspiration for all staff and students.

Easter Celebration

This year Easter was celebrated on the restrictions. But nothing could diminish the celebration of hope, and the victory of life Jesus is the foundation of all hope and joy in greetings and blessings of Easter to all staff, occasion he said that the COVID Pandemic is tough time of survival. The cloud of way to hope and an eventual celebration of surpasses all calamity, pain and even death. need to rise up victorious every day from all



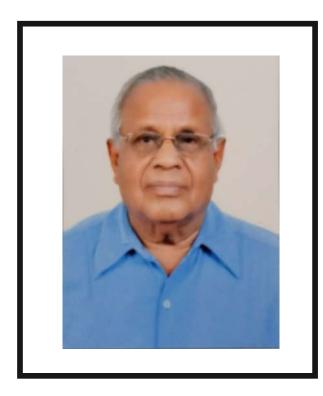
campus without fiesta due to Covid-19 spirit of Easter as the great feast itself is a over death. The glorious resurrection of Lord life. Principal, Rev. Dr. Johnson wished students and friends of Christ College. On the a testing ground for the whole humanity, and a uncertainty and all human suffering should give solidarity. God still loves the world. Our hope Easter is given to us to rejoice and celebrate as we our failures and hopelessness.

CORONA Second Wave

The second wave of COVID -19 took the country unaware and the death toll this time seems really alarmingly high. The central and state governments, voluntary agencies, health workers and the international communities are doing their best to combat the situation and to contain the pandemic. The unexpected recurrence of COVID-19 once again impacted greatly on the academic temper in schools and colleges across the country, once again jeopardizing the curriculum and career prospects of students. We at Christ College tried our best to carry on with the online classes and complete the syllabus of study, including the practicals in time. The regular off-line classes though had to be called off for COVID restraints. The academic calendar was strictly followed up and all activities have been completed as per schedule to the benefit of the students and teaching faculty. Our preparedness to fight Corona at all levels and by all means paid off. The college has taken all precautions and strictly follows all government instructions on campus to ward off the Pandemic.

MYBUS Route Extension

As our college is situated within the proposed extended territory of the Town and Country Planning and the Bhopal Development Authority, city transport bus services may be extended to Bilkhiriya Kalaan on the Bhopal-Raisen Road to the great benefit of the staff and students of Christ College and the general public of this area. The Director and the Principal of the college held discussions with the CEO of MYBUS, Bhopal and a memorandum has been submitted to the authorities on 24 March 2021 to this effect. It is concerned expected that the city REDBUS services will soon be extended to Bilkhiriya from all major points in the city, like Kolar, New Market, Nehrunagar, Halalpur, Bairagarh, ISBT, Habibgani, M.P Nagar, Ayodhya bypass, Bhopal Railway station etc.



Obituary

Mr. Dadhin, our supporting staff, lost his dear father, Shri. Barelal Uikey due to age related illness on 16-04-2021 in his native village in Narsinghpur. A farmer by profession, he was loved and respected by all alike in the village. He supported a large family and lived a happy life in spite of all the hardships. On receiving the sad news of the passing away of his dad, Mr. Dadhin and family rushed to his native village to attend the last rites. The college community expresses hearty condolences to Mr. Dadhin and family.

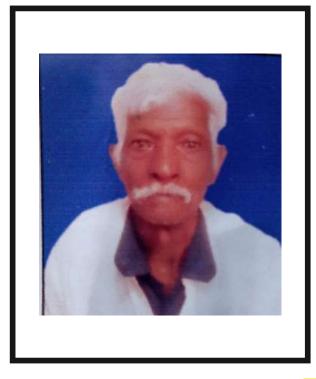
RIP



Obituary

It was with great sorrow we received the sad news of the sudden demise of Shri Shyam Bahadur Shrivastava, the dear father of Dr. Pallavi Shrivastava on 15-04-2021. Though he was sick for some time, the end came so unexpectedly. The college community expresses deep grief and condolences to Miss Pallavi and all family members, and prays to God that the departed soul may find solace in the bosom of God, the creator of all. May he be rewarded for all his benevolent life and love for humanity. Rev. Dr. Johnson, the Principal visited the sorrowing family and attended the funeral rites as an expression of our solidarity, following Covid-19 protocol.

RIP



Academic Corner

Despite all the disturbances caused by the Covid-19, our academic year was one of great activities and achievements. All Programme Coordinators and Heads of Departments and the students at large meticulously worked out the curriculum and the academic calendar was dotted with activities big and small. We witnessed perfect combination of off-line and on-line classes and other activities. The performance of the teaching faculty and the consummate effort of the students to follow suit in teaching and learning were notably remarkable. The technology assisted teaching and learning were helpful to both as a new paradigm to follow. The students showed added enthusiasm in the e-learning and the teachers found it easier and faster to complete the course. As the academic year comes to the close, remedial teaching is in full swing for weaker students. The teachers and students are at ease as the syllabus of all courses—is comfortably completed. Kudos to the Academic Coordinator, Dr. Divakar Singh; Programme Coordinator, Dr. Fr. Vaghese .K, all Heads of Departments and teachers. The University exams are awaited as per the revised schedule and mode. The pandemic did not dampen—the enthusiasm of the students in academics. The internal assessments and all practicals have been processed as—directed by the University and the Higher Education Department. All regular activities at the college stand cancelled these days due to the lockdown. Students, teachers and parents can call the college office during working hours for any assistance and queries.

Covid-19 Alert

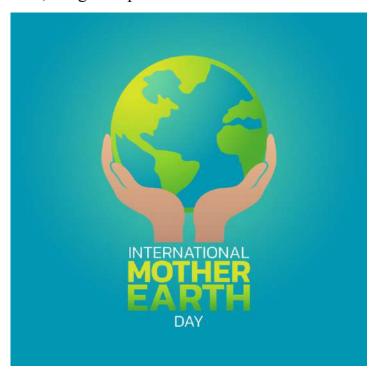
It is advised to all staff and students of Christ College that as the second wave of Covid-19 is

peaking up in cautious about precautions. the departments exposure to distancing, a vailable gears, stick to don't panic. As individual help vicious vaccination as warrior. The



the state and elsewhere to be extremely the volatile situation and take adequate Please follow strictly the guidance from to protect yourselves and others. Avoid public, use face masks, keep social sanitize hands and body, use all prescribed medication and protective regular exercise, be on healthy diet, and an educated person, and responsible spread awareness in the society, shun propaganda and rumours, receive early as possible, and be a brave corona nation looks up to you with hope. As the

title of the book, an inspirational masterpiece, by Rev. Robert Schuller, goes, "Tough Times Never Last; Tough People Do."



International Mother Earth Day Observed

International Mother Earth Day was celebrated in the college on 22 April 2021. Though the students could not be present on the occasion, the day was observed with due importance. With a view of adding greenery and conducive ambiance to the college campus it was decided to plant more perennials and annuals this year. Under the guidance of Rev. Fr. N.K. Dominic, the Director, saplings of dragon fruit, jackfruit, butterfruit, mango trees and lemon trees were planted wherever space was available, and tree guards and green net shades were put up to protect tender plants from summer heat. The green campus of Christ College is our tribute to Mother nature, and a pledge of our duty to serve her all our life.

Herbal Garden

Principal, Rev. Dr. Johnson takes initiative to maintain a herbal garden on campus with as many varieties of medicinal plants collected from all over M.P. Attempts are under way to identify and enlist the medicinal plants that are naturally found on the campus. There are about 170 herbs that are found on the campus and we have collected from various sources about 80 variety medicinal plants. The college proudly possesses this unique collection of herbal plants. All the herbs are being catalogued for the purpose of research and documentation. It deserves special mention that as the academic session commenced in last July we could prepare and supply about 400 saplings of medicinal plants and vegetable and fruit plants to the staff and students as well as to the people in Padariya village with the support of volunteers. This year again it is hoped that we will be ready with more plants for distribution.



May Day: May 1

May 1 is celebrated as May Day or International Workers' Day to honour all workers who produce goods or serve humanity in all establishments. The dignity of the labourers and all their efforts are acknowledged and upheld universally. The Holy Father Pope Francis has dedicated the year 2020 – 21 as the 'Year of St. Joseph', a carpenter by profession and the foster father of Jesus Christ. St. Joseph is the Patron of all workers. The rights and duties of all workers need to be protected; their life, safety and honour are of utmost priority in all work places. The food we serve at our tables, the services we receive and the comforts we enjoy in life are all the fruit of the toil of thousands whom we may not have seen or even justly paid. All workers deserve to be recognized and reciprocated for their effort to serve humanity. These bread winners are the real heroes; all time heroes! We salute them.



College Parking

To alleviate all vehicular parking problems the frontage of the main block adjacent to the highway has been cleared and earmarked as 'College Parking'. Also 24 hour surveillance cameras have been installed to monitor the parking areas as well as the whole college campus and teaching departments. This will ensure the safety and security of the students as well as the college property. Special parking facility is arranged inside the front wall for the safe parking of the vehicles of the staff and visitors. As the power transformer has been moved elsewhere more parking space is made available on the campus.





New Departments and Subjects Added

The college proudly announces the addition of more teaching subjects at the graduate level, namely in Commerce and Arts Departments. Taking into consideration the demand for more subjectcombinations at the graduate level to benefit students to take up Civil Services and other professional courses, additional subject combinations are now available for students from the academic session 2021 - 22. Psychology, Sociology and Economics are added to the Bachelor of Arts, and Computer Science added to the B.Com Department, Barkatullah University, Bhopal has granted affiliation to these additional subjects as an approval to the academic temper and commendable standard maintained in Christ College. We look forward to the granting of permission for more subjects in the near future. It is expected that the additional subjects will be a boon to the new applicants at the graduate level.







Birthday Celebrations

Our supporting staff, Mr. Dadhin's belated birthday was duly celebrated on 6 April at the Principal's office in the presence of all staff. Principal, Rev. Fr. Johnson acknowledged the long and selfless service of Mr. Dadhin at Christ College, and wished long life and many best wishes and blessings. Mr. Dadhin thanked everyone for the fellowship and goodwill, and birthday cake was shared by all present.

Mrs. Munni Lalsingh, a supporting staff, celebrated her birthday on 15 April. Wishing her the birthday greetings and prayerful best wishes, Rev. Dr. Johnson appreciated the hard work and sincere service of Munni Didi. Special home-made birthday sweets were distributed to all. It is a commendable tradition at Christ College to celebrate the birthdays of all staff.

Two New Power Transformers Installed

Now power is in our hands! Two new power trans formers have been installed recently in Christ College as a permanent solution to all power problems. This

will ensure uninterrupt supply to and other s on the Rev. Fr. Rev. Fr. t h e



24 hour ed power the college institution campus. Johnson, Dominic, Director

and Rev. Fr. Antony, the Administrator, deserve special kudos for all the initiative and hard work. As the old transformer has been relocated, the parking areas have been made more spacious now. We wish to thank the Management of Christ College for the timely support and guidance.

Brahmakumaris' Visit to Christ College

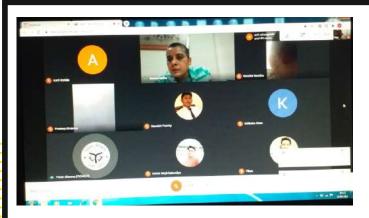
In their attempt to spread the message of religious harmony and universal brotherhood among all people, the Brahmakumari organization's Raisen Unit visited Christ College on 5 April 2021. Principal, Rev. Dr. Johnson welcomed the group of Brhmakumaris at the college gate. The contingent consisted of a mobile exhibition, floats and discourses with people met on the way. They held a brief session at Christ College and explained the need for promotion of religious amity among people of all faiths. The campaign also prescribes and promotes Yoga to get rid of all physical infirmities. They distributed leaflets with the message of brotherhood and universal love.

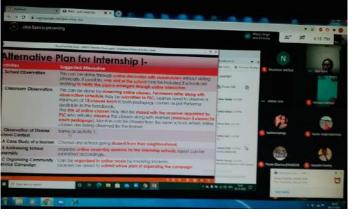




IGNOU B.Ed. Second Year Online Orientation Meeting on EPC and Internship Activities

IGNOU B.Ed. Second Year Online Orientation Meeting was held on Sunday 18th April, 2021. Prof. Fr. Johnson S.V. CMI (PIC, IGNOU B.Ed. Centre, Christ College) welcomed Ms. Kumud Verma (Asst. Regional Director, IGNOU, Bhopal) to the meeting. The main objectives of the meeting were to make the studentteachers aware of the assignments of the second year and its submission date, details regarding examinations, EPC and Internship activities and their submission date. Brief description of Assignments, Internship II and EPC activities was given by Ms. Java Saini (Assistant Professor, Christ College). It was followed by a question-answer session where several questions were raised by the student-teachers. Ms. Kumud Verma and Prof. Fr. Johnson CMI answered all the queries of the participants. Vote of thanks was proposed by Ms. Jaya Saini, the coordinator of the programme.





Academic Highlights – April 2021

During the looming anxieties and uncertainties of the Pandemic and the consequent Corona lockdown, Christ College has maintained the equilibrium in all the academic activities. I am glad to note that despite an irregular academic year, we have successfully completed the teaching schedule and kept up the pace of the curriculum without any impasse, to the great benefit of the students of all departments. Some of the main academic dynamics of April 2021 are given below:

1. Final Exam for B.Ed. and M.Ed. Students

Following the Guidelines and Directives from the Registrar of the Barkatullah University, Bhopal, Christ College conducted B.Ed. and M.Ed. 3rd semester open book/assignment exams with due seriousness and decorum. Rev. Fr. Dominic, Mr. Adarsh and Dr. Diwakar were the examination coordinators. As per the new pattern of assessment laid down by the university, the students were asked to submit their answer papers to cobexamcell@gmail.com.

2. Online Remedial Classes

As an immediate preparation for the Final Exam, an online doubt clearing session on Research was specially conducted for the benefit of the M.Ed.1st semester students in the second week of April. More than 75% of the students participated in these online remedial classes. Dr. Diwakar Singh successfully guided the students and prepared them for the final exam.

3. Orientation cum Lecture Series for M.Ed.2nd Semester Students

Even though the 2nd semester has formally not been commenced, keeping in mind the convenience of the majority of the M.Ed. students who are already engaged in the teaching profession elsewhere and taking into account the constraints of the Corona lockdown, Christ College organized an Orientation cum Lecture Series for M.Ed. 2nd semester students on 21 April. This capsule of a five-lecture series on 'Fundamentals of Statistics' was an additional academic input for the scholars, also aimed to make optimum use of the free time they must have availed of during the lockdown. Dr. Diwakar Singh and team organized the lecture series.

Dr. Diwakar Singh

Academic Coordinator

Together we can win the battle against Covid-19



Ways to Develop Positivity.....

- 1) Develop positive dialogue with self and with others.
- 2) Have a positive vision; use your imagination to view everything around you as positive. It's like visualising for dreaming about positivity around you.
- 3) Talk to and be with people who lift up your spirit and not just sympathize with you.
- 4) Track the best option.
- 5) Remember, if you cannot take care of yourself, nobody will or can.
- 6) Indulge in positive activities that help you heal yourself; like helping others, doing charity etc.
- 7) Redefine your life, make some new rules.
- 8) Practice some physical exercise like Pranayama.
- 9) Watch films or videos that make you laugh. Use humour to heal yourself.
- 10) Plan your day ahead; keep yourself so busy that you don't get time to mourn.
- 11) Find solutions to solve your problem. Be a solution; not a problem.
- 12) Identify the areas where you get negative and work on them one by one.
- 13) Solve the negative situations or problems.
- 14) Be a giver; the more you give to the world, the more positive and happy you become.
- 15) Choose to be positive, there is birth and death and between B and D there is a C, that is, the Choice that we make for ourselves. So Choose to be positive and happy.

Important Events in May 2021

- 1st Labour Day
- 3rd World Laughter Day
- 7th Buddha Purnima
- 10th Mother's Day
- 11th National Technology Day
- 18th World Museum Day
- 23/24th Eid ul fitr

SAVE YOURSELF SAVE THE WORLD



Together we can help slow the spread of COVID-19



Wash Hands



Use Mask



Use Soap



Avoid Shakehand



Avoid Crowd



Use Disinfectants

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