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Christ College, Bhopal

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CHRIST COLLEGE
NEWSLETTER



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**MOTHER NATURE IS A GREAT EQUALIZER
YOU CAN'T GET AWAY FROM IT.**

PRINCIPAL'S MESSAGE



The Earth is our home, and we should care for it. Living in the 21st century brings a thrilling amount of technology, but the true stars of our planet are the mountains, oceans, and forests that make up the great outdoors. If you can't be in awe of Mother Nature, there's something wrong with you. Adopt the pace of nature. Her secret is patience. We still do not know one thousandth of one percent of what nature has revealed to us. In all the things of nature, there is something marvelous. In every walk with nature, one receives far more than he seeks. Every flower is a soul blossoming in nature. It is pleased with simplicity. Nature quotes is the art of God. Look deep into the nature and then you will understand everything better.

Mother Earth has given us many gifts like water, air and soil, which are available abundantly. Humans have used gifts for their advantage. Over the centuries, the ways of using the Earth have caused damage to the planet. The planet needs our help, and we should do everything to help save it.

Our planet is changing rapidly and we need to act quickly. The best way to save Mother Earth is by reducing our carbon footprints. By setting sustainability goals and sticking to them, we can help make a difference in the planet's health.

There are many ways to save this planet. Reducing our plastic consumption is one huge step that doesn't require a lot of effort. By creating awareness about the consequences of our actions, we can save Mother Earth from global warming and other ecological problems.

We should start making efforts to try and save the Earth. Saving the Earth is an activity which is the need of the hour. Instead of cutting trees, if every person plants a few trees, deforestation will reduce on a large scale. It will also improve the air and the overall environment will change.

We, the students and staff of Christ College, the children of Mother Earth, take the pledge that we shall conserve and cherish Water, Soil, Flora and Fauna gifted to us by The Almighty. We will pay our love and respect to the Mother Earth by keeping our environment Pollution Free.

Prof. Fr. Johnson
Principal

Congratulations Mr. Augustin William!

Mr. Augustin William who serves as Librarian in Christ College got married on 8th of June 2022. Christ College Congratulates the newly married couple and wishes them all the best for future.



Birthday Celebrations

Christ College celebrated the birthday of Dr. Pallavi Shrivastava Sinha on 27th of June 2022. Her birthday, although falls on 25th of June but her absence on the day made management postpone the celebrations to the 27th June, that was a Monday. A cake was cut and blessings were showered. Rev Prof. Johnson, Principal of Christ College appreciated her for sincere hard work and dedication towards the college. Everyone present extended prayerful wishes. Dr. Pallavi expressed gratitude for all the love and wishes. At the end, a small treat was shared among all

Plantation on the Occasion of Birthday

A new tradition of planting a sapling, started on the occasion of Dr Pallavi Shrivastava Sinha's birthday. On the occasion, three saplings of Neem (Azadirachta Indica), Bargad (Ficus Benghalensis) and Peepal (Ficus religiosa) were planted in the Christ College campus. These three trees are considered for maximum oxygen boosting. They are environment friendly and medicinal in nature. The first one was planted by the Principal Rev Prof Johnson. This new tradition brought new commitments for nurturing the environment around us.



Congratulations Christ College! You did again...

The Result of the Final Year Students of B.A. was declared on 24th June, 2022. The students of Christ College came out with flying colours as they scored good marks in their final results. The students who hit the list of the Toppers are:

First Position – Ms. Anjali Shelly Beck

Second Position – Sister Dominica

Third Position – Brother Pascal



First Position
Ms. Anjali Shelly Beck



Second Position
Sister Dominica



Third Position
Brother Pascal

Hasta- La- Vista

A farewell party, titled Hasta- La Vista was organized on June 13th, 2022 at Christ College campus. The farewell was organized for the passing out students of B.A., B.Com. , B.Ed. and M.Ed. The program was organized by the juniors of the same streams. The program commenced with lighting of the lamp, followed by a cultural program by the students. Prof. Fr. Johnson, Principal, on the occasion appreciated the hard work of students during past three years and also encouraged them to go in for further studies. The outgoing students also shared their experiences and expressed gratitude towards management and the teachers. Finally, refreshment was served and pictures were taken. Students were then waved goodbye with lots of good wishes and happy memories. The Coordinator of the program was Mr. Adarsh Roushan, Assistant Professor in the Department of Computer Application.



Pre - University Examination

Pre-University Examination was organized from 15th June, 2022 for B.Ed. and M.Ed. students. The purpose of these exams was to prepare the students for the upcoming University Exams. The exams lasted last till 23rd June, 2022. Students enthusiastically answered the exams and were well prepared for the upcoming University Exams. Christ College wishes all the students, all the very best for their final exams.



Distribution of Saplings

On 13th June 2022, saplings were distributed to the students of Christ College. The purpose of this distribution was to encourage students to plant more trees and contribute in improving the natural environment. While distributing, Rev. Prof. Johnson, Principal, asked the students to not only plant them but also take care of them and see that they grow up into healthy plants and trees. Students, very enthusiastically and happily took the plants with the commitment to nurture the environment.



Viva Voce` of Computer Application

A Viva Voce` of Computer Application was held on the 6th of June 2022 for the First Year students from B.A. and B.Com. A written exam was held followed by practical. The Coordinator of the exam was Mr. Adarsh Roushan , Assistant Professor in the Department of Computer. The exam began at 10:00a.m. The exam was successfully conducted.

IGNOU Regional Director, Bhopal Visited Christ College

We are very happy to acknowledge that Dr. Bini Toms, Regional Director and Dr. Subash Ranjan Nayak, Assistant Regional Director made a short visit to know the viability to start a new Learner Support Centre (LSC) at Christ College, Bhopal on the 7th of June 2022. In the preliminary enquiry it was found that Christ College would have been an ideal Learner Support Centre (LSC) for rural and urban students.



National Mango Day- July 22

July 22nd is the National Mango Day. In the year 1950, Mango fruits were adopted as the National Fruit of India. India, today, is the largest producer of mangoes, contributing to more than the 50% of the world's total mango production.

Varieties of Mangoes in India

India produces different varieties of mangoes like: Alphonso in Maharashtra, Moovandan in Kerala, Kesar in Gujarat, Himsagar in West Bengal, Chausa Bihar, Badami in North Karnataka, Safeda in Andhra Pradesh, Dasher, Chausa, Langra in Uttar Pradesh, Totapari in Karnataka, Mulgoba in Tamil Nadu.

The nutrients that one can gain with 1 cup of sliced Mangoes (165 grams)

- Ø Calories – 122
- Ø Protein – 1.0 grams
- Ø Carbohydrates – 27.9 grams
- Ø Fats – 0.7 grams
- Ø Fiber – 3.3 grams

Proven health benefits of Mango

Consuming mangoes can help strengthen and protect the body in numerous ways. Here's an overview of mango and the health benefits it offers.

1. Mango Possesses Anti-Cancer Properties
2. Mango Helps with Digestion
3. Mango Promotes Healthy Weight Gain
4. Mango is Healthy Pregnancy Food
5. Mango Helps Treat Anemia
6. Mango has Anti-aging Properties
7. Mango Helps Manage Diabetes

Important Days in July

1st July - National Doctor's Day

In India, Doctor's Day is observed on 1st July to mark the importance that the doctors hold in our lives. This day is also meant to commemorate the medical industry and its advancements.

1st July - 'Chartered Accountants Day

The Institute of Chartered Accountants of India (ICAI) was established on 1st July, 1949 and so this day is marked as a Chartered Accountants Day in India. It is the second-largest professional accounting and finance body in the world.

11th July - World Population Day

World Population Day is observed annually on 11th July to focus attention upon the urgency and importance of population issues.

12th July - Paper Bag Day

Paper Bag Day is observed on 12 July annually to recognize the importance of the invention of Paper Bag, that we mostly take for granted. In 1852, Francis Wolle, a schoolteacher, invented the first machine to mass-produce the paper bags.

15th July - World Youth Skills Day

World Youth Skills Day is celebrated on the 15th July every year to raise awareness about the importance of technical, vocational education & training and the development of other skills relevant to both local and global economies.

17th July - World Day for International Justice

World Day for International Justice is observed annually on 17th July every year. It is also known as the Day of International Criminal Justice or International Justice Day. This day recognizes the emerging system of International Criminal Justice.

17th July - World Emoji Day

World Emoji Day is observed on 17th July every year since 2014. The day is celebrated to represent an idea or an emotion through electronic means.

20th July - International Chess Day

It is observed on 20 July to honour the foundation of the Federation Internationale des Echecs (FIDES).

20th July - Moon Day

Moon Day commemorates the day when a man first walked on the moon in 1969.

22nd July – Pi Approximation Day

Pi Approximation Day is observed on 22nd July every year because of the value of Pi that is 22/7. Whereas Pi Day is celebrated on 14th March which is similar to the approximate value of 3.14 and also coincides with Albert Einstein's birthday.

22nd July - National Mango Day or Mango Day

It is celebrated on 22nd July. The day is to know about the history and some lesser-known facts about the juicy and delicious fruit mango.

25th July – National Parent's Day (The fourth Sunday in July)

National Parent's Day is observed on the fourth Sunday in July and in 2021 it falls on 25th July. This day is celebrated to honour all the parents who play a vital role in the lives of children. Their unconditional love and sacrifice for their children can't be measured.

26th July - Kargil Vijay Diwas

Kargil Vijay Diwas is observed on 26th July and is named after the success of Operation Vijay. The Kargil war ended on the 26th July, 1999 which continued for approximately 60 days. This day is celebrated to honour the Kargil War Heroes.

28th July - World Nature Conservation Day

World Nature Conservation Day is observed on 28th July every year to recognise that a healthy environment is a foundation for a stable and productive society and for future generations. We must protect, conserve and sustainably manage our natural resources.

29th July - International Tiger Day

International Tiger Day is observed every year on 29th July to spread awareness about the need for the conservation of Tigers and to promote the protection of the natural habitat of tigers. This day is also known as the Global Tiger Day.