

Christ College, Bhopal

VOLUME - 9

ISSUE - 4

SEPTEMBER 2021

14 PAGES

# देहिई लिंक

NEWSLETTER

NAAC Accredited, A - Grade  
(A CMI Institution)

CHRIST COLLEGE  
NEWSLETTER



*“Be The Change You Want to See In The World”.*

*Mahatma Gandhi*

## Principal's Message



**S***atyagraha* is not a political movement but a spiritual awakening. Gandhiji's *satyagraha* was not a political adventure but a spiritual mission aimed at the independence of a people

The term *satyagraha* was coined and developed by Mahatma Gandhi who practiced *satyagraha* in the Indian independence movement and also during his earlier struggles in South Africa for Indian rights. *Satyagraha* was his vision and mission. *Satyagraha* theory influenced social justice and similar movements. There is a connection between ahimsa and *satyagraha*. *Satyagraha* is sometimes used to refer to the whole principle of nonviolence, where it is essentially the same as *ahimsa*.

Gandhi says, "It is perhaps clear from the foregoing, that without ahimsa it is not possible to seek and find Truth. Ahimsa and Truth are so intertwined that it is practically impossible to disentangle and separate them. They are like the two sides of a coin, or rather of a smooth unstamped metallic disk. Nevertheless, Ahimsa is the means; Truth is the end. Means to be means must always be within our reach, and so Ahimsa is our supreme duty" (Ref: Gandhi, Mahatma. Non-violent Resistance (Satyagraha). Mineola, N.Y.: Dover, 2001.)

There was a saying about the British Empire: "The Empire on which the sun never sets". But before *satyagraha*, the British were compelled to accept the sun set. Truth is the embodiment of God. Jesus said to His disciples, "I am the Way and the Truth and the Life. No one comes to the Father except through me. If you really know me, you will know my Father as well." (St. John: 14:6)

We are called to be the carriers of 'Truth'. It is a way of life. We will carry forward the message not by word but by deed. We will be the medium and mediators of the Truth. It is not an easy task. All those who stand for Truth, sacrifice their precious life and become martyrs or National Leaders."

Mahatma Gandhi is one among them and with great devotion we call him Father of the Nation.

Prof. Fr. Johnson  
Principal

## Admission B.Ed. and M.Ed.

The admission for B.Ed. and M.Ed. commenced from the month of August and it continues in september with the second and third round of counselling. The details of the admissions are as follows:

### First Round

First round admission registration details for B.Ed. and M.Ed. courses.

**CHRIST COLLEGE, BHOPAL**  
Admission Open for Session 2021-2022  
Recognized by NCTE (B.Ed. 202022 & M.Ed. 202104)  
Affiliated to Panchajanya University, Bhopal

Sl. No.	Details	First Round	Second Round
1.	Publication of advertisement	01/08/2021	01/09/2021
2.	Online registration of applicants and submission of documents	01/08/2021	01/09/2021
3.	Verification of documents by the applicants for appearing in the entrance exam	01/08/2021	01/09/2021
4.	Publication of result	01/08/2021	01/09/2021
5.	Online registration of applicants for appearing in the entrance exam	01/08/2021	01/09/2021
6.	Verification of documents by the applicants for appearing in the entrance exam	01/08/2021	01/09/2021
7.	Publication of result	01/08/2021	01/09/2021
8.	Online registration of applicants for appearing in the entrance exam	01/08/2021	01/09/2021
9.	Verification of documents by the applicants for appearing in the entrance exam	01/08/2021	01/09/2021
10.	Publication of result	01/08/2021	01/09/2021

**Eligibility Criteria:**  
• Upper age limit for admission: 35 years  
• Minimum age for admission: 18 years  
• College fees available from under parents of the city

**For Further Details:**  
Visit the college website: [www.christcollegebhopal.com](http://www.christcollegebhopal.com)  
Contact: 0761-2551111, 0761-2551112, 0761-2551113

### Second Round

**CHRIST COLLEGE, BHOPAL**  
Admission Open for Session 2021-2022  
Recognized by NCTE (B.Ed. 202022 & M.Ed. 202104)  
Affiliated to Panchajanya University, Bhopal

Sl. No.	Details	First Round	Second Round
1.	Publication of advertisement	01/08/2021	01/09/2021
2.	Online registration of applicants and submission of documents	01/08/2021	01/09/2021
3.	Verification of documents by the applicants for appearing in the entrance exam	01/08/2021	01/09/2021
4.	Publication of result	01/08/2021	01/09/2021
5.	Online registration of applicants for appearing in the entrance exam	01/08/2021	01/09/2021
6.	Verification of documents by the applicants for appearing in the entrance exam	01/08/2021	01/09/2021
7.	Publication of result	01/08/2021	01/09/2021
8.	Online registration of applicants for appearing in the entrance exam	01/08/2021	01/09/2021
9.	Verification of documents by the applicants for appearing in the entrance exam	01/08/2021	01/09/2021
10.	Publication of result	01/08/2021	01/09/2021

**Eligibility Criteria:**  
• Upper age limit for admission: 35 years  
• Minimum age for admission: 18 years  
• College fees available from under parents of the city

**For Further Details:**  
Visit the college website: [www.christcollegebhopal.com](http://www.christcollegebhopal.com)  
Contact: 0761-2551111, 0761-2551112, 0761-2551113

### Third Round

M.Ed and B.Ed last round will be conducted from 12th September to 16 September 2021

**CHRIST COLLEGE, BHOPAL**  
Admission Open for Session 2021-2022  
Recognized by NCTE (B.Ed. 202022 & M.Ed. 202104)  
Affiliated to Panchajanya University, Bhopal

Sl. No.	Details	First Round	Second Round	Third Round
1.	Publication of advertisement	01/08/2021	01/09/2021	12/09/2021
2.	Online registration of applicants and submission of documents	01/08/2021	01/09/2021	12/09/2021
3.	Verification of documents by the applicants for appearing in the entrance exam	01/08/2021	01/09/2021	12/09/2021
4.	Publication of result	01/08/2021	01/09/2021	12/09/2021
5.	Online registration of applicants for appearing in the entrance exam	01/08/2021	01/09/2021	12/09/2021
6.	Verification of documents by the applicants for appearing in the entrance exam	01/08/2021	01/09/2021	12/09/2021
7.	Publication of result	01/08/2021	01/09/2021	12/09/2021
8.	Online registration of applicants for appearing in the entrance exam	01/08/2021	01/09/2021	12/09/2021
9.	Verification of documents by the applicants for appearing in the entrance exam	01/08/2021	01/09/2021	12/09/2021
10.	Publication of result	01/08/2021	01/09/2021	12/09/2021

**Eligibility Criteria:**  
• Upper age limit for admission: 35 years  
• Minimum age for admission: 18 years  
• College fees available from under parents of the city

**For Further Details:**  
Visit the college website: [www.christcollegebhopal.com](http://www.christcollegebhopal.com)  
Contact: 0761-2551111, 0761-2551112, 0761-2551113



### Birthday Celebration

Mr. Shivaji Rai, Assistant Professor, Department of History celebrated his birthday on 19 September 2021. Christ College celebrated his birthday on 20 September 2021. All the members of the management and staff gathered together to wish Mr. Shivaji a happy and a long life ahead. Rev. Fr. Dominic, the Director of the college presented a bouquet and extended prayerful wishes on behalf of the entire Christ family. Everyone present relished the delicious snacks along with the cake. Mr. Shivaji Rai expressed gratitude for the blessings and celebration.



### Workshop for B.Ed Second Year Organized (Indira Gandhi National Open University)

A virtual workshop for the B.Ed second year students on Practical activities related to the course was organized from 13 September to 24 September 2021. Christ College has been the study center for the course of B.Ed. of IGNOU for the last 14 years. It was due to the presence of pandemic that this year online classes have been organized. 80 students from various parts of M.P. participated in the workshop. The coordinator of the workshop was Ms. Jaya Saini and the other counsellors included Dr. Indrajeet Dutta, Dr. Diwakar Singh, Mrs Ansi Sojan, Mrs Rony Joy, Dr. Pallavi Shrivastava, Mrs. Pooja Srivastava, Mr. Adarsh Roushan, Mr. Shivaji Rai along with other counsellors appointed by the administrative wing of IGNOU.



## Samavartana/Adieu and Prize Distribution Ceremony

The students of B.Ed. and M.Ed. Batch 2020-2022 organized a soulful farewell with great enthusiasm and endeavoured to leave a trail of nostalgia behind for the outgoing batches of B.Ed. and M.Ed. Batch 2019-2021 on 13 September 2021.

The programme commenced with the lighting of the ceremonial lamp which was followed by a classical prayer dance by Ms. Lakshmi, a student of B.Ed. which was spiritual yet powerful.

Principal, Rev. Fr. Johnson CMI in his address, made the student teachers aware of the etymological and real meaning of the term 'Samavartana'. He further told the students to go forth and embrace the future with open arms, and enthusiastically pursue one's own life-journey of achievements and discovery by rendering dedicated service to humanity and living a happy and peaceful life. All this filled the outgoing students with immense pride to be associated with the Christ family. To brighten up the event, an energetic performance was given by the budding dancers Ms. Nandita Prajapati of B. Com. Second year, Mr. Rajat of B.Ed. Second semester, which lifted up everyone's spirits. A beautiful musical parody was performed by Ms. Celine and group. A beautiful poem was recited by Mr. Kaustubh Nigam and Ms. Anju Ahirwar, B.Ed. students. It was followed by a Ramp walk and games. After that, two rounds of Prize Distribution took place. Prizes, trophies and certificates for all the events, workshops and competitions organized throughout the academic year 2019-2020 were distributed to the students who had involved themselves in various activities with great passion and enthusiasm.

In the first round Rev. Fr. Dominic N.K. CMI, Director of Christ College and in the second round Rev. Prof. Fr. Johnson CMI felicitated the winners of the respective fields with trophies and certificates. The programme was compered by Ms. Aiswarya S and Ms. Ria Madavi.

To wrap up the program Mr. Rajat Kushwaha proposed the vote of thanks, expressing his gratitude towards the Director, Principal, all the teachers and the students in making the event a grand success. The coordinators of the programme were Dr. Diwakar Singh and Mrs. Jaya Saini. The coordinators of the programme were Dr. Diwakar Singh and Mrs. Jaya Saini.



## Teacher's Day Celebration

गुरुर ब्रह्मा गुरुर विष्णु गुरुर देवो महेश्वरा  
गुरुः साक्षात्परब्रह्मा तस्मै श्री गुरुवे नमः।

With the spirit to show gratitude towards our beloved teachers, Teacher's day was celebrated on 5 September 2021 at Christ College.

Teacher's Day in India is a yearly celebration on the fifth of September. This is an occasion to pay respect our teachers for their significant work. Teachers hold the real knowledge, empathy and generosity for their students. We receive massive support and guidance from our teachers all life.

We celebrate Teachers' Day every year in memory of Dr Sarvepalli Radhakrishnan, the former President of India, who adored the youngsters a lot. He loved educating the masses. He had additionally filled in as a teacher, and he was most loved by his students.

After the gap of a year this time Teacher's Day was celebrated on the campus of Christ College. The students were enthusiastic in celebrating Teacher's Day. A cultural program was organized which commenced with lighting of the lamp by the team of management and teachers. The chief guest on the occasion was Mr Deva Shandilya, a renowned tabla player. Students then sang melodic songs and dedicated a dance to the teachers. Rev. Father Johnson, the Principal on the occasion appreciated the dedication of the teachers and said that 'teaching is not a profession it is infact a mission which should be carried out in the service of God' and His people Tributes were also paid to St. Mother Teresa of Kolkata, the great philanthropist and missionary.

Teachers were then called for a ramp walk where they were given flowers and gifts by the Director and the Principal. Teachers also played games with the students. A Beautiful poem was recited for the teachers by Ms. Anju, a student of B.Ed. and finally the words of gratitude were spoken by Mr. Rajat Kushwaha, a student of B.A.

The celebrations concluded with a delectable treat for all the guests, teachers and students. The coordinator of the program was Mr. Shivaji Rai, Assistant Professor.





## Women Equality Day Celebrated

Christ College celebrated Women's Equality Day on 17 September 2021. An inter school Essay Writing Competition was organized on the theme, 'Women Empowerment'. It was an attempt to encourage the literary talents of the students and to highlight the rights of women. In the English Essay Writing Competition the first prize went to Ms. Lipica Jain of St. Paul's Co Ed School, second prize was bagged by Ms. Shruti Panchouli from St. Thomas Convent Sr. Secondary School and the third prize went to Ms. Himanshi Malviya of St Paul's Co Ed. School. The winners of Hindi Essay writing competition were Ms. Sakshita Agrekar, DMS ( First Prize), Ms. Jaya Srivastava, St. Paul's Co Ed. School ( Second Prize) and Ms. Tanishka Tripathi, St Francis Convent Hr. Sec. School ( Third Prize). The co ordinator of the competition was Ms. Pooja Srivastava, Assistant Professor.

## Eligibility Approved by College Code 28

The preparation for the selection of eligible staff for Education Department and Arts Department took more than two months. Eligible candidates sent their Curriculum Vitae after receiving information from News paper and other social media about vacancies. Nearly 40 applications were received for the four vacancies of teachers in various courses. After the scrutiny of C V by the management eligible candidates were invited for online interview. Dr. Tripatti, BU delegates monitored all NCTE Criteria and the Management and Subject Experts selected the following eligible candidates: Dr. Pallavi Shrivastava as Associate Professor for Education Department and Dr. Fr. Varkey K.O., Dr.Indu Siyote, Dr. Shelly Mishra, Mr. Shivaji Rai, Dr.Harsh Mathur and Dr. Ritu Mehra were selected as Assistant Professor for English, Economics, Psychology, History, Computer and Sociology respectively. Congratulations to the newly selected staff members.

## Inter-School Essay Writing Competition

An Inter-School Essay Writing Competition was organized by Christ College, Bhopal, on the theme 'Women Empowerment' in the month of August. It was an attempt to encourage the literary talents of the students and to highlight the rights of women. We appreciate the efforts of all the students who participated and the Principals who encouraged the students to take part in the competition. Ms. Pooja Srivasatava was the coordinator of the competition.

The Winners are as follows:

### Winners of English Essay Writing Competition

#### 1<sup>st</sup> Lipica Jain

St. Paul's Co-Ed School, Bhopal (M.P.)

#### 2<sup>nd</sup> Shruti Panchouli

St. Thomas Convent Sr. Sec. School, Bhopal (M.P.)

#### 3<sup>rd</sup> Himanshi Malviya

St. Paul's Co-Ed School, Bhopal (M.P.)

### Winners of Hindi Essay Writing Competition

#### 1<sup>st</sup> Sakshita Agrekar

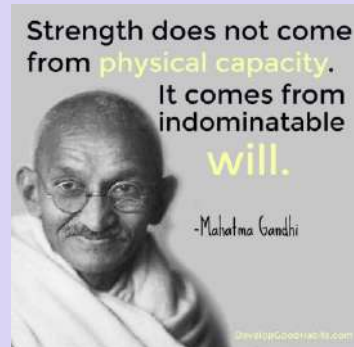
Demonstration Multipurpose School, Bhopal (M.P.)

#### 2<sup>nd</sup> Jaya Srivastava

St. Paul's Co-Ed School, Bhopal (M.P.)

#### 3<sup>rd</sup> Tanishka Tripathi

St. Francis Convent Hr. Sec. School, Raisen ( M.P.)



*Congratulations* 

## Provincial Auditing at Christ College, Bhopal

As a CMI religious practice, in the tenure of Provincial Administration, to re-verify the college accounts and other documents, Fr. Seby Palliserry, Provincial Auditor, visited Christ College, Bhopal on 22<sup>nd</sup> September 2021. Under the guidance of Fr. Antony Thattil, the College Administrator, Ms. Pushpa and Mr. Rajaram, the office staff presented all the documents and accounts to the auditor. Fr. Seby, the auditor appreciated the documentation system and wished all success to the Christ College team.



## ACCOLADE FOR MERIT HOLDERS



*Keep it Up!*



# Academic Achievements of Staff

## Top Ranked

Mr. Augustin William successfully completed Bachelor of Library Science degree from Career College, Bhopal. He secured overall Fifth position at the university level and V position at the college level. Rev. Father Johnson on the occasion appreciated his hard work and dedication and congratulated him on the grand success.



Mr. Augustin William



Dr. Pallavi Shrivastava

## Invited as a Resource Person

Dr. Diwakar Singh, Associate Professor, was invited as Resource Person for two days' orientation program on Fundamentals of Research Methodology and Preparing +2 School level projects on 12 and 13 September 2021. The orientation program was organized by St. Paul School, Bhopal for the Post graduate teachers. With the advent of NEP 2020, leading educational institutions are taking initiative to adopt Research oriented approach in preparing higher secondary school projects. The purpose of the orientation program was to promote the research culture among youth and to improve the research quality.



Dr. Diwakar Giving Orientation

## Added Another Feather

Dr. Pallavi Shrivastava, Assistant Professor, successfully completed MBA with an aggregate percentage of 78.75. Dr. Pallavi expressed her gratitude towards the Principal Rev. Prof. Johnson who motivated her to do MBA, and to her father, Prof S.B. Shrivastava who not only inspired her to adopt the policy of 'Life Long Learning' but also completed all the formalities related to the course. The purpose behind doing the course was to update technical knowledge, develop administrative skills and upgrade the qualification. Dr. Pallavi did dual specialization in Human Resource Management along with Hospital and Healthcare Management. Director Rev Fr. Dominic congratulated her on her success and motivated her to keep on developing skills and gaining knowledge.

## Judge at the 13<sup>th</sup> Interschool Debate Competition

Dr. Pallavi Shrivastava was invited to judge the 13<sup>th</sup> St Montfort Cup Interschool English Debate Competition on 21 August 2021. The title of the debate was 'Environmental protection should take a back seat for the sake of economic development in the developing countries'. The objective of the competition was not only to recognize the 13<sup>th</sup> St. Montfort Cup but also to encourage students to think deep about the environmental concerns affecting the developing economies round the globe. Having her Ph.D. in Environmental Education, Dr. Pallavi was invited to be the judge at the competition along with Mrs. Kanchan Dulani, Principal of Sadhu Vaswani International School, Hyderabad, et al.



Dr. Pallavi Invited as Judge



# World Mental Health Day: 10 October 2021

## A Psychological First Aid

### What Is Mental Health?

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.

Mental health, as defined by the World Health Organization (WHO), is "a state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community". According to WHO, mental health includes "subjective well-being, perceived self-efficacy, autonomy, competence, intergenerational dependence, and self-actualization of one's intellectual and emotional potential, among others".

### Causes of Mental health disorders

1. Family issues
2. Poor environment
3. Poor health
4. Pandemic
5. Social unrest
6. War and disasters
7. Economic problems
8. Relationship problems
9. Excessive greed and desire
10. Pessimistic thinking
11. Ignorance and fear
12. Lack of knowledge
13. Too much of wasteful thinking
14. Death and disease



### Signs Of Disturbed Mental Health

- Prolonged sadness, loneliness, melancholy, and tearfulness
- Preoccupation with health
- Aches, pains, and allergies
- Problems with sleep (sleeping too much or too little)
- Pronounced difficulty with “getting going” in the morning
- Feeling vulnerable, powerless
- Uncharacteristic anger, irritability, resentment, or social withdrawal; difficulties with emotional regulation
- Excessive enthusiasm about quickly absorbing all knowledge about a new culture or country
- Inability to work, study, or solve simple problems
- Feelings of inadequacy or insecurity, lack of confidence
- Intense preoccupations, such as over-cleanliness
- Marital or relationship problems
- Overeating or loss of appetite



### Promoting And Improving Mental Health

#### Pharmacotherapy

Pharmacotherapy is a therapy that uses pharmaceutical drugs. Pharmacotherapy is used in the treatment of mental illness through the use of antidepressants, benzodiazepines, and the use of elements such as lithium. It can only be prescribed by a medical professional trained in the field of Psychiatry.

## Physical activity

For some people, physical exercise can improve mental as well as physical health. Playing sports, walking, cycling, or doing any form of physical activity trigger the production of various hormones, sometimes including endorphins, which can elevate a person's mood.

Studies have shown that in some cases, physical activity can have the same impact as antidepressants when treating depression and anxiety.

## Activity therapies

Activity therapies also called recreation therapy and occupational therapy, promote healing through active engagement. An example of occupational therapy would be promoting an activity that improves daily life, such as self-care or improving hobbies. Similarly, recreational therapy focuses on movement, such as walking, yoga, or riding a bike.

## Expressive therapies

Expressive therapies or creative arts therapies are a form of psychotherapy that involves the arts or art-making. These therapies include art therapy, music therapy, drama therapy, dance therapy, and poetry therapy. It has been proven that Music therapy is an effective way of helping people who suffer from a mental health disorder. Dramatherapy is approved by NICE for the treatment of psychosis.

## Psychotherapy

Psychotherapy is the general term for the scientific based treatment of mental health issues based on modern medicine.

## Self-compassion

According to Neff, self-compassion consists of three main positive components and their negative counterparts: Self-Kindness versus Self-Judgement, Common Humanity versus Isolation and Mindfulness versus Over-Identification. Furthermore, there is evidence from a study by Shin & Lin suggesting specific components of self-compassion can predict specific dimensions of positive mental health (emotional, social, & psychological well-being).

## Meditation

The practice of mindfulness meditation has several mental health benefits, such as bringing about reductions in depression, anxiety and Stress. Mindfulness meditation may also be effective in treating substance use disorders. Further, mindfulness meditation appears to bring about favorable structural changes in the brain.

## Mental fitness

Mental fitness is a mental health movement that encourages people to intentionally regulate and maintain their emotional wellbeing through friendship, regular human contact, and activities that include meditation, calming exercises, aerobic exercise, mindfulness, having a routine and maintaining adequate sleep. Mental fitness is intended to build resilience against every-day mental health challenges to prevent an escalation of anxiety, depression and suicidal ideation, and help them cope with the escalation of those feelings if they occur.

## Spiritual counselling

Spiritual counsellors meet with people in need to offer comfort and support and to help them gain a better understanding of their issues and develop a problem-solving relation with spirituality. These types of counsellors deliver care based on spiritual, psychological and theological principles.

## Some Friendly Tips to Follow

1. Talk about your problems and concerns with your parents, friends, teachers and experts. They will guide and help you have peace and good mental health.
2. Be optimistic with thoughts and speech
3. Take rest and frequent power naps
4. Go outdoors, exercise and play
5. Eat well;
6. Drink lots of water
7. Practice pranayama/ deep breath
8. Indulge in hobbies and recreational work.
9. Accept who and what you are.
10. Serve others.



Reference

<https://www.mentalhealth.gov/basics/what-is-mental-health>

[https://en.wikipedia.org/wiki/Mental\\_health](https://en.wikipedia.org/wiki/Mental_health)

<https://www.who.int/news-room/fact-sheets/detail/mental-health-strengthening-our-response>



### 1. Self-belief:

Believe in what you do and never change your mind even if no one stands by you. There are myriad options available and so many naysayers but don't let that stop you. Your conviction is the only thing you need to achieve your dreams and help pull yourself together when the times are tough.

### 2. Simplicity & Humility:

He won the hearts of citizens and followers with his simplicity. No unnecessary publicity, no glamour, no money play just mutual respect. In spite of being in a position of power he was humble and kind.

### 3. Do the right thing even if nobody is watching:

Another valuable quality which students must imbibe from Gandhiji is to keep doing the right things even if the results are not going your way. It is important to initiate the process and keep working on that and one day when the time is right, it will bear the sweetest fruit.

### 4. Live each day to its fullest:

Gandhiji believed that life is too short to be wasted on pondering over future. He said that one must live in his present because he cannot change the past and the future is still quite a distance away.

### 5. A healthy mind resides in a healthy body:

Gandhiji always spoke about the importance of a healthy body. According to him good health is the real health which cannot be bought with some pieces of silver and gold.

### 6. Be the change you want to see in the world:

Gandhiji said nothing gets easier than to blame other people for misfortune which does no good to anyone. He believed that in order to change the world one must start with himself/ herself. One must do everything possible on their own to make the world a better place to live in.

### 7. Believe in love

*The day the power of love overrules the love of power, the world will know peace.*

Gandhiji believed that Love is the answer no matter what the question/ situation is. It is through this instrument that he changed many hearts and influenced many lives.

### 8. Learn to forgive

*An eye for an eye will only make the whole world blind.*

When one is wronged, it's natural to want to retaliate. But revenge or retaliation does not right a wrong, it's important to learn to forgive. Even though Gandhi suffered a lot under the British, instead of taking up arms against them, he chose the path of non-violence and came out as the winner.

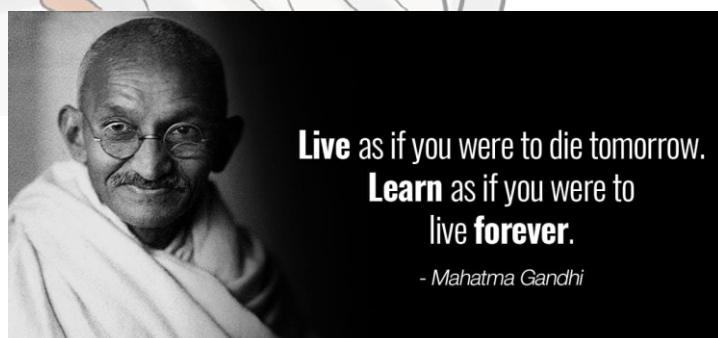
### 9. Care for Mother Earth

*Earth provides enough to satisfy every man's needs, but not every man's greed.*

Mahatma Gandhi was a great believer in the power of nature and Mother Earth. He believed that every individual should behave responsibly towards the environment to protect and nurture it. Gandhiji wanted educational institutions to teach students to be a person who not only believes in looking after Mother Earth but also encourages others to take up environment-friendly initiatives.

Reference

<https://www.collegedekho.com/articles/10-valuable-lessons-taught-by-mahatma-gandhi/>



# *Congratulations!*

**Barkatullah University Result is Out**

***M.Ed. 4 Semester 2021***



**FIRST RANK**  
**REENA VARGHESE A**  
90% (405/450)



**SECOND RANK**  
**ARCHANA RAI**  
88.66% (399/450)



**THIRD RANK**  
**KOCHURANI SEBASTIAN**  
88% (396/450)

***M. Ed. 2<sup>nd</sup> Semester 2021***



**FIRST RANK**  
**REETHA A J**  
(92.44% (416/450))



**SECOND RANK**  
**ANISHA TIGGA**  
91.55%(412/450)



**SECOND RANK**  
**BINI SANTOSH**  
91.55%(412/450)



**THIRD RANK**  
**VARKEY K O.**  
(91.33% (411/450))

***B.Ed. 2 Semester 2021***



**FIRST RANK**  
**Lilly Priya A**  
371/400 (92.75%)



**SECOND RANK**  
**Arul Monicka**  
368/400 (92%)



**THIRD RANK**  
**Aiswarya S**  
366/400 (91.5%)

# *Congratulations!*



# *Congratulations!*

**Barkatullah University Result is Out**

**B. Com. 1<sup>st</sup> Year 2021**



**FIRST RANK**

**Celine Mary Kujur**  
78.5% (314/400)



**SECOND RANK**

**Shrishtilata Minj**  
76.5% (306/400)



**THIRD RANK**

**Nandita Prajapati**  
75.75% (306/400)

**B. Com. 2<sup>nd</sup> Year 2021**



**FIRST RANK**

**RAZIYA**  
88.75% (355/400)



**SECOND RANK**

**NANCY ROSELIN TIGGA**  
88.25% (353/400)



**THIRD RANK**

**RITIKA KUMARI SHINDE**  
87.25% (349/400)

**Events in October 2021**

02 Gandhi Jayanti / Lal Bhadur Shastri Jayanti  
05 World Teachers' Day  
10 Mental Health Day  
11 International Day of Girl Child  
15 World Students' Day  
15 Dussehra  
19 Milad Un Nabi  
16 World Food Day  
20 World Statistics' Day  
31 Rashtriya Ekta Diwas



***The Best Way  
To Find Yourself  
Is To Lose Yourself  
In The Service Of Others.***





## *Teachers' Day Glimpses*

